

# MAGPIE NEWS

THE PENNINE MAGPIE NEWSLETTER September 2016



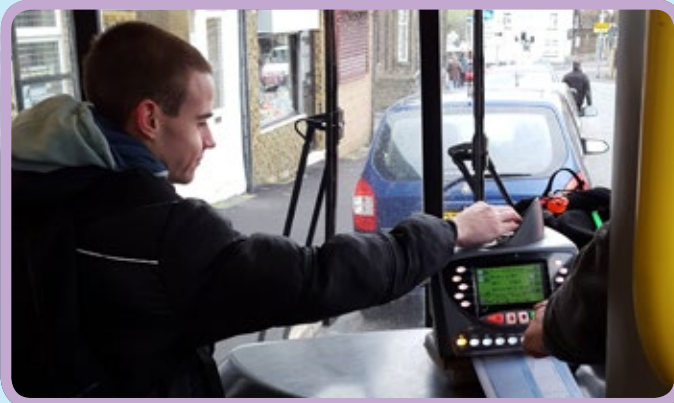
LIFE CHANGING  
SERVICES AND SUPPORT

**Welcome to the Pennine Magpie Easy Read Newsletter.**  
In this newsletter we tell you what has been happening at Pennine Magpie.

## Health and Wellbeing

Student Rachael wanted to lose weight. She joined Slimming World and followed their food and exercise plans. Rachael also attends our fitness and dance sessions each week.

So far Rachael has lost a massive 2 stone in weight. Congratulations Rachel and keep going. We provide support for student health and fitness needs at Pennine. Staff members Kelly and Emma are qualified exercise and dance instructors.



## Independent Travel

Congratulations to Ben who has recently completed his independent travel training at Pennine Magpie. He now travels from home in Shelf by bus to and from the Pennine Centre. This involves changing buses in Halifax.

## Achieving a dream

Staff member Richard and student Stuart went to Wembley Stadium as part of the outreach service. They travelled by coach. They watched Halifax vs Grimsby in the FA Trophy Final. Halifax won 1-0. They watched the Halifax team collect the cup.

An amazing once in a life time experience for Stuart.



# Pennine Magpie in the Community

## Award nomination

Congratulations to our office assistant Rebecca who won runner up for the 'Volunteering in the Workplace' award at the North Halifax Awards 2016. Rebecca used to be a student at Pennine Magpie but is now one of our valued volunteers.



## NHS Champions



8 Pennine Magpie students have been trained as NHS Engagement Champions by Voluntary Action Calderdale (VAC).

Students learnt the role of an Engagement Champion and how to complete the surveys provided by the NHS.

They were trained to tell others about the changes to our local NHS and how to get other people's opinions.

## Fundraising

After the Boxing Day floods our students wanted to do something to help. They chose a sponsored walk to raise money for the Flood Relief.

Two groups of students walked around Hollingworth Lake. They raised £260 for the flood damage in Hebden Bridge and surrounding area. Pennine Magpie has matched this, which brings the total amount of money raised to £520



## Magpies playing away

Pennine Magpie students Stephen, Sam, Stuart and David spent a weekend in Edinburgh with the Halifax Magpies rugby team.

Halifax Magpies are a mixed ability rugby team drawn from all sections of the community. It is run by Halifax RUFC and they train at their grounds. We also provide fitness and sport skills training at the Pennine Centre.



## Hebden Bridge Arts Festival



Hebden Bridge Arts Festival is a charity promoting artistic talent of all kinds from near and far. This year's June festival celebrated the community spirit of Hebden Bridge. It paid tribute to the towns' Industrial heritage through a creative 'Trouser Town' theme.

Our dancers performed a special Back In Time dance routine. Our Art and Crafts group crafted decorations for the event. Staff member Sue is a practising artist.

## Supporting Local Events

Pennine Magpie dance group Magpie Movers have lots of performances at community events this year. These include, the Beat It Nightclub, Shelf Gala, Neighbours Day, birthday parties and Care Home visits.

<https://youtu.be/G3q7JM4V7IQ>



# Enrichment & Education

## Radio 119 Trip

Pennine Magpie has a recording studio. Our Magpie Air radio team were given a tour at the Bradford Community Broadcasting studios. We learnt about the different departments, which included the studios, editing and research.



We met the Radio 119 team which was set up by Hft, a national charity supporting people with learning disabilities and their families.

<https://www.mixcloud.com/magpieair/>

## Supporting Canal Trust



We have been on lots of barge trips run by the Safe Anchor Trust. The Trust was set up to provide access to the canals for special needs groups. Everyone really enjoyed themselves. We have more barge trips planned. Thank you to the wonderful volunteers at Safe Anchor Trust.

## Birds of Prey Experience

We held a Birds of Prey experience from SMJ Falconry in 3Ways sports hall. Students and staff held 5 types of bird.

One of our students wrote it was "One of the most amazing times of my life". Around 30 students attended.

